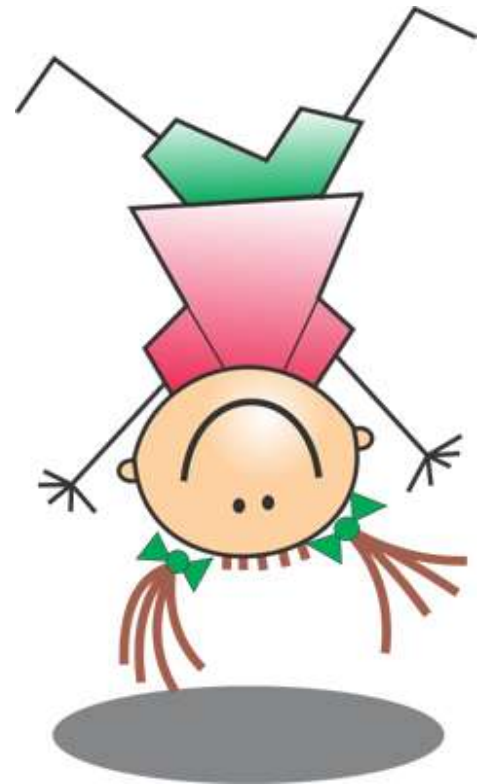


# ELAP September 2011 News

## Welcome

Welcome to the 2011-2012 school year. We are looking forward to a fun-filled year full of learning and exploring. We know that the next couple of weeks are sure to be an adjustment for us all. We are so excited to welcome both new staff and new students and their families. Our ELAP Family Tree is up in the hall waiting to be decorated with colorful fall leaves. Be sure to take a peek in a week or two when the tree doesn't look so bare!! We have many exciting things planned for the first month of school including the start of our library program, baking cookies and visits from our favorite folk singer, Mr. Wayne. We will spend a lot of time getting to know our new friends and new classrooms. We welcome all families to visit us often as we know the separation can be difficult for you as well.



## 5 Parent Tested Ways to Ease Separation Anxiety (provided by Scholastic.com)

1. **A Kiss to Keep:** "I use the cute technique found in the book *The Kissing Hand*. I plant a kiss on my daughter's palm, and it comforts her to know a part of mom is with her during the day." — *Lori P., Carlisle, Pennsylvania*
2. **Secret Picture:** "Both of my children had to bring in a plastic box to put their crayons in, so I taped a laminated picture of our family signing 'I Love You' into the bottom of it. Now they always have us with them and can discreetly look at us for support whenever they need it." — *Crystal S., Duncan, South Carolina*
3. **Goodbye Game:** "Every morning before school, I pull out ten cards showing a picture of lips (indicating a kiss) and a mom hugging a child. Next to each picture there is a number, which tells my daughter how many kisses and hugs she will get from Mommy. Every morning I shuffle the cards and have her choose one. We exchange kisses and hugs and she goes to school much happier." — *Wanda S., Brooklyn, New York*
4. **Brag Book:** "We bought a small plastic photo album and filled it with pictures of our family.

When we drop off our son at school, if he starts to cry, his teacher says, 'Come show me your pictures.' He says goodbye to us and brings his album to his teacher. He loves naming everyone in the album for his teachers and friends." — *Randi O., Highland Park, New Jersey*

5. **Change the Subject:** "What works best with my kids is to distract them. On the way to school, my son used to get upset and talk about how he didn't want to go to school. To distract him, we started to look for school buses and count how many we saw. He loved it and would talk about riding one when he got older." — *Tina C., Ocean Springs, Mississippi*

### Mark your Calendars

**September 6<sup>th</sup>** – Student Orientation  
**September 7<sup>th</sup> & 8<sup>th</sup>** – First Day of School  
**September 9<sup>th</sup>** – Cookies for Police and Fire  
**September 15<sup>th</sup> & 26<sup>th</sup>** – Mr. Wayne  
**September 19<sup>th</sup> & 20<sup>th</sup>** – Interactive Thematic Enrichment w/ Ms. Shannon  
**September 23<sup>rd</sup>** – First Day of Autumn

# ELAP September 2011 News Continued

## Best Apple Orchards in MA Courtesy of Boston Finds

[Russell's Orchard](#) in Ipswich  
www.russellorchards.com

[Honey Pot Hill Orchard](#) in Stow  
www.honeypothill.com

[Smolak Farms](#) in North Andover  
www.smolakfarms.com

[Dowse Orchards](#) in Sherborn  
www.dowseorchards.com

[Tougas Farm](#) in Northboro  
www.tougasfarm.com



## Friendly School Reminders

- Always be sure to sign your child in/out each day.
- Be sure to keep a LABELED change of clothes in your child's cubby.
- Please call the school and let us know if your child will be absent.
- Be sure to hold your child's hand when walking through the parking lot as many cars are pulling in and out during drop off and pick up.
- Our drop-off service is available to all families between 9:55 and 10:10 each morning. Form a line at the curb and your child will be taken from your vehicle to their classroom.

## Birthday Wishes



Russell Mather – September 5th

Brenna Woodbury – September 15th

Isabella Basse – September 16th

James Carlson – September 17th

## Monthly Recipe – Swedish Apple Pie

1. Preheat oven to 350 degrees
2. Fill pie pan with peeled, sliced apples (2/3 full)
3. Sprinkle with Cinnamon & Sugar
4. In a small bowl, mix together 1 ½ sticks butter or margarine, 1 cup flour, 1 cup sugar, & 1 egg
5. Pour mixture over apples
6. Sprinkle with more cinnamon and sugar
7. Bake for 45 minutes
8. ENJOY!!

